

**New!**

**It's American Heart Month!  
Do some Heart Healthy Activities!**

**Love  
Your**

**Ticker!**

**Wednesday, February 27**  
**10:00am – 12:30pm**  
**\$6/person • Ages 50+**



**• Jump Fitness Class for all levels**

**• American Heart Association presentation**

**• Recipe by UGA Extension Services**



**Register Today!** • [gwinnettPARKS.com](http://gwinnettPARKS.com)

Pre-register by 2/21 • Code: BEP12909



**Bethesda Park Senior Center**

225 Bethesda Church Road  
678.277.0179

\*Non-Gwinnett resident fees apply.

